

James Gamble

has completed the course and is now certified in

# Adult Mental Health First Aid USA

and has been trained to provide initial help to someone experiencing a mental health or substance use challenge.



**Mental Health**  
**FIRST AID**

from NATIONAL COUNCIL FOR  
MENTAL WELLBEING

*National Council for Mental Wellbeing operates Mental Health First Aid in the USA. The National Council for Mental Wellbeing and the Missouri Department of Mental Health founded Mental Health First Aid USA.*

This certificate became  
**effective** on:

Aug 25, 2023

Date

This certificate  
**expires** three years  
from the date it  
became effective.

**Chuck Ingoglia**  
President & CEO  
National Council for Mental  
Wellbeing

*This course is eligible for 7.5 hours of  
continuing education credits.*